

Appendix C- Bishop Luffa RSE topic coverage by year

<b>Relationships and Sex Education</b>		
<u>Topics explored</u>	<u>YEAR</u>	<u>Learning summary</u>
<b>Consent and Boundaries</b>	Year 7	Students are introduced to the idea of consent and why consent should always be respected. Looking at personal space and boundaries and dealing with issues of consent in an assertive way.
<b>Masculinity</b>	Year 7	Looking at gender stereotypes - in particular masculinity.
<b>Friendships &amp; Relationships</b>	Year 7	A series of lessons exploring different types of friendships, unhealthy relationships, true friends and the importance of respect
<b>Being positive + Self Esteem</b>	Year 7	Understanding emotions and that people will not react in the same way to similar situations.
<b>Peer Pressure and Influence</b>	Year 7	Looking at peer pressure and ways to cope with peer pressure. The importance of being confident and assertive.

Appendix C- Bishop Luffa RSE topic coverage by year

<b>Sexual Orientation</b>	Year 8	Understanding key terms and concepts linked to sexual orientation. Exploring and challenging prejudice and stereotypes and the damaging impact they may have.
<b>Gender Identity</b>	Year 8	Understanding the Gender Recognition Act and the difference between sex and gender.
<b>What is RSE</b>	Year 8	Understanding how physical touch may be different in a sexual relationship to any other relationship. Looking at healthy and unhealthy relationships
<b>Dealing with Conflict</b>	Year 8	Understanding when in life conflict can occur, the cause of conflict and resolution methods.
<b>Healthy Respectful Relationships</b>	Year 8	Looking at the characteristics of healthy and unhealthy relationships, and the impact of power difference such as age.
<b>What is Love?</b>	Year 8	Understanding the term love, and that it comes in many forms and the meaning of love between a couple.
<b>Introduction to Contraception inc abstinence</b>	Year 8	Students reflect on the concept of abstinence alongside considering contraceptive methods( considered further in Year 9)

Appendix C- Bishop Luffa RSE topic coverage by year

<b>Periods and Menstrual Cycle</b>	Year 8	The menstrual cycle and its role in human reproduction. Looking at different protections available.
<b>FGM and the Law</b>	Year 9	Understanding what is FGM and that it is illegal, and where to source help/support.
<b>Y9 Sexual consent &amp; Law</b>	Year 9	Knowing the legal definition of consent and the law surrounding it. Including the importance and the consequences of sexual activity with no consent.
<b>Sexual activity Including why/why not have sex/delaying sexual activity</b>	Year 9	The includes benefits of delaying sexual activity, being assertive and dealing with undue pressure. Importance of respect and consent in relationships and risks and benefits associated with different sexual activities. Sensitive consideration of the subject of masturbation.
<b>Relationships and partners</b>	Year 9	Looking at healthy relationships between a couple and how to develop healthy relationships.
<b>What are STIs? (Main Types)</b>	Year 9	Students look at the common STIs and how they are transmitted, looking at the term safe sex.
<b>Treating STI's &amp; clinics</b>	Year 9	The risks of unprotected sex, the symptoms of STIS and the importance of testing and treatment.

Appendix C- Bishop Luffa RSE topic coverage by year

<b>Contraception</b>	Year 9	A series of lessons that builds on prior learning and enables students to be informed about this important subject
<b>Sexual Harassment &amp; Stalking</b>	Year 9	Understanding the laws surrounding Stalking and Harassment (PHA 1997, EA 2010 & PFA 2012)
<b>HIV- Discrimination/prejudice. AIDS</b>	Year 9	Students are able to develop accurate knowledge and understanding of HIV and AIDS
<b>FGM</b>	Year 10	Knowing what FGM is and that it is illegal. Exploring the social and economic excuses used by people to encourage FGM
<b>Sexting</b>	Year 10	Understanding the legal, emotional and social consequences of sending sexts and dealing effectively assertively with requests and pressure to send sexts
<b>Pornography</b>	Year 10	Students study the law and pornography and consider the impact of porn on society and relationships
<b>Domestic Abuse and Domestic Violence</b>	Year 10	Focusing on the importance of healthy relationships. Looking the different types of abuse that exist and where to turn to for help with abusive relationships.

Appendix C- Bishop Luffa RSE topic coverage by year

<b>Sexualisation of the media</b>	Year 10	Exploring the impact sexualisation of the media is having on teenagers, and the links between body image and the medias influence on it.
<b>Unhealthy Relationships, Sexual Assault and Rape</b>	Year 10	The laws regarding rape and sexual assault, how unhealthy behaviours and an imbalance of power in a relationship could lead to violence and sexual assault and the importance of healthy relationships.
<b>Peer on Peer Abuse</b>	Year 11	Looking at Peer on Peer abuse and understand what constitutes abuse and support networks are available to help support those in need
<b>Fertility - what impacts it</b>	Year 11	Exploring what makes women and men fertile and understand ways to improve fertility and the IVF Process. Looking at factors that affect fertility such as the menopause, life style choices and habits.
<b>Alcohol, Parties and Bad Choices</b>	Year 11	Risks associated with alcohol including abuse and spiking and how it can impact decision making.
<b>Importance of Sexual Health</b>	Year 11	To increase awareness of the importance of a young person’s sexual health and where to go for help and support.
<b>Revisiting Contraception</b>	Year 11	Looking at different forms of contraception and how they suit different people.

Appendix C- Bishop Luffa RSE topic coverage by year

<b>Respect Love and Relationships</b>	Year 11	The importance of respecting others, knowing what love is and what love is not and the support available for someone in an abusive relationship
<b>Revisiting STI's</b>	Year 11	Increasing the awareness of STIs.