



## Year 11 PE GCSE Curriculum Map

<b>Overview</b>	<p>The GCSE PE course covers how the human body performs within physical activity and the influence socio-cultural factors impact sport.</p> <p>Year 11 begins with looking at the wider impact sport has of performers in the topic of socio-cultural influences before moving onto the written non-examined assessment where students will analyse theirs or another athlete's performance in a sport of their choice. The written non-examined assessment allows students to further practice their long answer question responses within a longer format. Students will regularly test their knowledge answering short answer questions on The EverLearner and completing past paper questions, which prepares them for the Year 11 mock exams in the Summer term.</p> <p>The spring term focus is on preparation before completing the final exam. Students will develop a range of skills that will allow them to link the knowledge to sporting situations and evaluate the impact this has on performance.</p>				
<b>Year 11 GCSE PE</b>	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1 & 2
<b>Topic</b>	Socio-cultural influences	Commercialisation of physical activity and sport	Non-examined assessment – analysis of performance	Non-examined assessment – Practical performance in three sports	
<b>Knowledge</b>	Factors that affect people taking part in sport.	The relationship between sport, media and sponsorship and how this positively and negatively impacts sport.	Analysing strengths and weaknesses of personal performance, culminating in an evaluation of theoretical content that will improve performance	Demonstrate practical ability from sports learnt throughout the course and outside of school.	
<b>Skills</b>	Analyse, justify and evaluate the barriers that can prevent people from taking part in physical activity.	Evaluate the impact performance enhancing drugs have on a performer. Analyse, evaluate and justify how sport has become commercialised.	Define, analyse components of fitness and skill strength and weaknesses have on a performer in their chosen activity. Justify and evaluate a physical training programme and relevant theoretical element that will improve your component of fitness and skill weakness.	Application of the skill and tactical elements of students sports in conditioned practices and full game/competition.	

<p><b>Assessment</b></p>	<p>Formal end of topic test, 45 minutes, 35 marks. Topic area – socio-cultural influences</p>	<p>Year 11 Mock Exam, 90 minutes, 80 marks. Topic area – all prior knowledge from previous terms.</p>	<p>External assessment:</p> <p>GCSE PE theory exam – paper 1 topics: applied anatomy and physiology, movement analysis and physical training - 1 hour 15 minutes – 78 marks - 30% of GCSE.</p> <p>Paper 2 topics: health, fitness and wellbeing, sport psychology and socio cultural influences – 1 hour 15 minutes – 78 marks - 30% of GCSE.</p> <p>Non examined assessment:</p> <p>Practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity).</p> <p>Analysis and evaluation of performance to bring about improvement in one activity.</p> <p>100 marks, 40% of GCSE.</p>	
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