



Year 12 A'Level PE Curriculum Map

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| Overview | <p>Since the modern Olympic Games was formed in 1896 sport has developed at an astronomic rate for performers, spectators and the impact it has within society. Students will build upon the knowledge gained in previous PE and sports courses to dissect how the body physically functions throughout exercise; how we learn new sports skills and how sport has grown within society since the 1900s. Students are required to apply their knowledge to sporting situations, evaluating and analysing the impact this has on the performer and society.</p> <p>The Year 12 mock exam will include the units studied so far and will assess the use of key terms, evaluative and analysis skills to come to an informed conclusion of the impact on the performer or sport. These skills will be required as students begin their written non-examined assessment where students will call upon the knowledge they have learnt so far to complete an in-depth analysis of their performance in a sport of their choice.</p> | | | | |
| Year 12 | Autumn 1 | Autumn 2 | Spring 1 | Summer 1 | Summer 2 |
| Topic | Applied anatomy and physiology | Skill acquisition | Sport and society | Non-examined assessment – Practical performance in physical activity and sport | Mock exam |
| Knowledge | The changes within the body systems prior to exercise, during exercise of differing intensities and during recovery. | The principles required to optimise learning of new, and the development of existing, skills in a range of physical activities. | The interaction between, and the evolution of, sport and society. | Students will perform a range of skills and techniques in their chosen sport, successfully implementing strategies and tactics. Then analyse and evaluate their performance in their chosen sport, applying relevant knowledge, understanding of theories, concepts, principles and methods to physical activity and performance. | Applied anatomy and physiology, skill acquisition and sport and society |
| Skills | Describe, recall and explain the functions of the key terms and apply knowledge to specific sporting actions. | Describe, justify and interpret the functions of the key terms and theories and apply knowledge to specific sporting actions and physical activities. | Explain, evaluate the impact the social factors have on the development of sport. | | Use of all skills developed so far in mock exam. |

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| Assessment | Formal end of topic test, 45 minutes, 35 marks. Topic area – applied anatomy and physiology | Formal end of topic test, 45 minutes, 35 marks. Topic area – skill acquisition. | Formal end of topic test, 45 minutes, 35 marks. Topic area – sports and society. | Students assessed as a performer or coach in the full sided version of one activity. Plus: written/verbal analysis of performance. 90 marks – 30% of A'Level | Formal Mock Exam Paper 1 Topic areas – two hours |
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