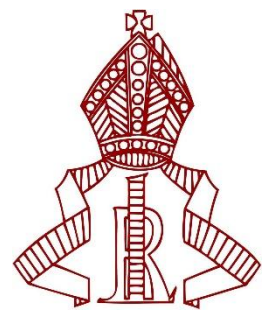


Core Physical Education Learning Journey



"Always our best because everyone matters"

Y11 PE encourages pupils to think about how they might access sport once they have left Bishop Luffa and have further flexibility over their choice activities.

Pupils have greater control and flexibility over their choice of activities and will make decisions that will enable them to enhance their enjoyment and participation in regular physical activity in later life.

Pupils have the opportunity to choose the route way for the sports they wish to specialise in; variety; outwitting 1; performance and replication; outwitting 2.

Pupils will refine and build on the fundamental skills learnt and develop a more advanced range of skills where pupils will enhance their understanding of principles of attack and defence.

Pupils will develop fundamental movement skills and understanding of core sporting values. This will give pupils a baseline skill set to become competent all-round athletes.

